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Rotary year 2025-26



**PROUD TO BE A
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STRIKE OFF THALASSEMIA



Rotary
Club of Calcutta Empathy



Club Bulletin for April 2026



The Official Bulletin of Rotary Club of Calcutta Empathy, Rotary International District 3291

Empathy

Message from the President

Ethics and Values

Rotary has long stood as a beacon of integrity, bringing together individuals from diverse professional and cultural backgrounds who share a common commitment to “Service Above Self.” This guiding motto is more than a slogan; it reflects a deep-rooted belief that true leadership begins with selflessness and a dedication to the greater good. However, service without ethical grounding risks losing its direction. It is our values that ensure our efforts are meaningful, fair, and sustainable.

At the heart of Rotary’s ethical framework lies the The Four-Way Test, a set of four simple yet profound questions that challenge us to reflect on our thoughts, words, and actions: Is it the truth? Is it fair to all concerned? Will it build goodwill and better friendships? Will it be beneficial to all? Though concise, these questions carry immense weight. They serve as a moral compass, helping us navigate difficult decisions in both our personal and professional lives.

As Rotarians, we are often viewed as role models within our communities. People look to us not only for leadership but for guidance and trust. This trust is a precious asset, earned over years of dedicated service and ethical conduct. It is also fragile—easily diminished if not carefully upheld. Each interaction we have, each project we undertake, and each decision we make contributes to the reputation of Rotary as a whole. Therefore, we must remain vigilant in upholding the highest standards of integrity.

Moreover, ethics and values are not static—they must be actively nurtured and reinforced. This requires ongoing reflection, dialogue, and education. As Rotarians, we should take opportunities to discuss ethical challenges, share experiences, and learn from one another. By doing so, we strengthen our collective understanding and ensure that our values remain relevant in a changing world.

Let us also remember that ethics begin at the individual level. Each of us brings our own experiences, beliefs, and perspectives to Rotary. While our diversity is a strength, it also calls for a shared commitment to common principles. By aligning our actions with Rotary’s values, we create a unified and powerful force for positive change.

Together, let us lead by example—demonstrating that ethics and values are not just ideals to aspire to, but principles to live by every day.

Moments from April 26

DG Visit on 2nd April 2026 at Tamarind



PFT Machine Inauguration by DG



A PFT (**Pulmonary Function Test**) machine is a noninvasive diagnostic tool—often featuring a mouthpiece connected to a computer or an enclosed booth (plethysmography) - used to measure lung capacity, air volume, and gas exchange.

We are all aware of the poor Air Quality Index [AQI] predominant in India. Rotary Club of Calcutta Empathy has embarked on a project to **leverage a PFT machine and laptop**. We firmly believe that our PFT machine would be crucial for diagnosing asthma, chronic obstructive pulmonary disease (COPD), pulmonary fibrosis, and assessing lung function before surgeries. We intend to **leverage the same primarily for the below purposes:**

- A. Weekly run it on 10 identified patients [for free] with relevant diseases and diagnose respiratory conditions and route them for proper treatment. Venue would be our clinic, Empathy Medicare Clinic at 48 G, B. T. Road, More, Sinthee, Kolkata, West Bengal 700050, India.
- B. Schedule monthly/quarterly camps with the multiple nearby manufacturing companies in the adjacent industrial belt to detect COPD etc which are a result of prolonged shop-floor association.

In line with the above, Club Empathy have procured a PFT Spirometer. We are in talks with an International Partner for financial assistance. It is SpiroTech CMSP-01 which is compact and portable with the finest flow sensing technology.

Other Key Updates

- On 31st March, 2nd batch of vaccination for HPV was organized at Baghbazar Multipurpose Girls high school. 61 students were vaccinated.
- District 3291 for the first time in history conducted Multi-District RLI assembly in Panaji, Goa. Our club is proud to be associated with it. Congratulations to the organizing clubs and all the participants.
- Our club is planning for Thalassemia Screening camp in May 2026. Talks are on with the schools.
- EIRWT application is formally submitted. The Chair of EIRWT has made some observations regarding the application which our club and the beneficiary MGIS are jointly addressing currently.
- 8th May 2026 is the World Thalassemia Day. Thalassemia Summit is scheduled by the District [3291] on 7-8th May 2026.
- Rendezvous II is scheduled on 25th April 2026.
- 24-30 April is World Immunization Week.

Members' Corner

Silent World

Surojit Roy

Unable to express my pain,
Incapacitated by the relations all around,
Being soft has been a bane,
Though my bitter experiences, I have found,
That, my world has been a selfish crowded lane,
Where many waited to plunder and pound,
Unable to distinguish holy at heart and ugly in den,
Paid price with life's bliss which will ever hound.

Till the time parents showed the corridor,
And none to deviate, it has been on smooth course,
But the storms soon rose and relations sour,
When the minds were fed on ill thoughts and remorse.
The instigations of a few aided to obscure more,
I soon discovered that wide cracks, unable to hold on with force.
The dream, wishes that had never made me bore,
Remained a dream for always, never to be ever in course.

The cruelty has left a deep mark on my mind,
For others' unholy efforts had shattered my life's goal,
With whom I wove my life have been unkind,
Each has left no effort to leave a deep scar forever on my soul,
I am left with only memories now and life's grind,
The sad memories amongst the rare, good ones have taken its toll.
The wounds will never heal, as I surely can find,
While all live and welcome life, each day, and memories will I scroll.

Someday, sometime, a glimmer of hope rises,
All thoughts are now awash with the renewed vigor of life,
A reason to live with purpose, to end all life's crisis
Probably that is the only cause of sustenance for which to strive,
May be this is just sheer hope, a game of dices,
But this is still the only happy note, which can make me drive,
As I wait for that joyous reunion amidst all past bruises,
With a grit in mind, that, all hope's not lost in this sorrowful life.

Announcements

Birthdays

May 2026 Meetings: [Venue: Lake Town/Virtual]

RCM 1 - 08th May at 7.30 p.m. / RCM 2 – 22nd May at 7.30 p.m. / Board - 15th May at 7:30 p.m.